



# Mexico City, Mexico



## About Mexico

Mexico is a country full of energy and beauty, thriving with unique culture and history. As the country in Latin America with the highest amount of tourism, Mexico offers a variety of opportunities to explore everything from beautiful beaches to mountainous urban centers.

It is affordable and easy to reach. Its cuisine is unique and often a combination of ancient and Spanish colonial dishes. It's even the home of the creation of chocolate! It is a country with vivid cultural experiences which blend the ancient with the modern and offers something for every traveler.

It is a traveler's paradise, crammed with a multitude of opposing identities, desert landscapes, snow-capped volcanoes, ancient ruins, large megacities, and time-warped colonial towns. This country's profusion of people and landscapes reflects the country's extraordinary history, part Amerindian, part Spanish.

One look at this country is enough to remind visitors that there is nothing new about the so called New World. This mix of modern and traditional is the key to Mexico's immense popularity as a travel destination, whether your passion is tamales, ascending Mayan temples or exploring fascinating traditions such as tequila. Tourist destinations in Mexico tend to be as safe or safer than many tourists' home cities.



## About Mexico City, Ciudad de México, CDMX

Mexico City is a fascinating capital which beguiles its visitors with endless options. A dynamic, exciting city with one of the largest metropolitan areas in the entire world, it offers more than 300 neighborhoods and a wealth of variety. Many of the most visited tourist attractions in Mexico City are concentrated in the Centro Histórico, including the Plaza de la Constitución or Zócalo, the Palacio Nacional, Metropolitan

Cathedral, Templo Mayor, Palacio de Bellas Artes and Parque Alameda. A few blocks north of the Palacio de Bellas Artes, Plaza Garibaldi is one of the best places in Mexico City to hear live mariachi music. Off the Paseo de Reforma, Parque Chapultepec (larger than NYC Central Park), is divided into three sections and includes several of the capital's top attractions, including the Castillo de Chapultepec, the Museo de Arte Moderno and the famed Museo Nacional de Antropología. Not to be missed!

A kaleidoscope of eras and mementos, of new experiences and splendors from past centuries await in Mexico City. Here you can jump from one era to the next by just walking across the street. From the heart of the city visiting the mysterious remains of the Plaza Mayor of the large city of Tenochtitlán which preceded the Conquest, you can go to the colonial era with its beautiful houses, and patios with arches and water fountains. At sunset a good option is to get pampered at one of the many world class restaurants in this city with an outstanding culinary reputation, even for tacos. Some of these are located in La Condesa (where IH Mexico City is located), a neighborhood with a captivating Art Nouveau style. Another favorite nearby area is Coyoacán, a colonial neighborhood which also includes the newer Museo Frida Kahlo in Casa Azul, the personal home of Frida and Diego Rivera.



## Contact Information:



800.552.2051 or 309.673.9220



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## Airport:

Arrive and depart from Aeropuerto Internacional Benito Juárez (MEX code).

A second new airport in Mexico City, but farther away from the city -Felipe Ángeles International Airport Code NLU

In Benito Juárez safe taxis available inside the airport. Uber not allowed for onsite pickups.



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## About the School

About the School (Mexico City, written in abbreviation as CDMX (Ciudad de México))  
IH Mexico City was founded in 1988 and has provided quality language courses to thousands of students. It is part of the prestigious International House organization, with an excellent reputation for quality in language instruction and teacher training. The school is located in a beautiful building listed as a National Heritage site in the wonderful neighborhood of La Condesa. The peaceful location is 15 minutes from the city center and about ten minutes to the Paseo de la Reforma, one of the most important avenues in Mexico City. The school has beautiful wrought iron and is in the colonial style. The building has 10 classrooms, a sunny terrace and two computer rooms for student internet access. As an accredited member of the International House Group the school is committed to high quality professional teaching. The high standards are maintained by periodic reviews and inspections. Highly valued is the welfare of each student of Spanish.

## Students

Participants in this program come from all over the world and with many interesting backgrounds. They are of all ages, although completion of high school or age 18 is required. Most people travel and study unaccompanied, but we often accommodate couples. The largest percentage of students are from Europe, and North Americans account for a third of the student population.



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## Calendar

Start classes any Monday year round for any number of weeks from 1 to 24. No makeup days or classes held on official holidays. Beginners must start on the following days: January 12, 26; February 5, 9, 23; March 9, 23; April 6, 20; May 4, 18; June 1, 15, 29; July 14, 28; August 10, 24; September 7, 21; October 5, 19; November 2, 16, 30; December 14, 28.

**2026 School Holidays: January 1, February 3, March 16, April 2-3, May 1, September 16, November 16, December 25.**



## Activities

Connecting the Mexican culture and the Spanish language is an important component of your Spanish immersion program. IH Mexico City organizes a regular program of social activities to compliment your Spanish study including welcome cocktail parties, conversation exchange evenings with Mexican students, lectures on different aspects of Mexican culture, films with commentaries, etc. These are all held in the school and are included in the course fees. There is more frequency of activities in the summer months. The school also organizes excursions to Mexico City's most interesting locations such as the Zócalo, outstanding museums, and national parks. Weekend excursions are organized to nearby cities or the Teotihuacán Pyramids. The weekend excursions are optional and at extra cost. A typical two week social program would include a welcome party, Condesa Walking Tour, cooking class, craft class, Latin dance class, Saturday full day excursion at extra cost, visit to a handcraft market, Mexican film, and a visit to the Zócalo.

## Courses and Descriptions

**Intensive group course** - 4 hours daily of class M-F with an average of 6 people in a class (maximum of 8) with formation of groups based on all levels, from beginners to advanced.

**Intensive + 2 private** - 4 hours daily of group classes M-F with an additional 2 private classes daily.

**Spanish + Travel** - Two hour daily private supplement to group classes focused on common travel phrases, idiomatic terminology, culture, and advice.



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## Style of teaching

All teachers have university degrees and have received specialized training in the teaching of Spanish to foreigners. The method of International House emphasizes conversation, and also incorporates a great deal of class interaction. The goal is to make you comfortable using your new language in the practical situations that you encounter in everyday life such as travel, meeting people and participating in a conversation effectively. With this communicative and dynamic approach, you will rapidly find yourself speaking Spanish. The combination of outstanding teachers and techniques will give you both knowledge and confidence.

## Levels offered

All levels accommodated from complete beginners to advanced. You will be given a placement test and speaking evaluation before your first class.

## Class size and hours

Maximum group size 8, private classes available.  
Hours of classes 10:00 am – 2:00 pm M-F. Additional private classes are held in the afternoon.



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## Accommodations

Please consider all accommodations are NON REFUNDABLE:

- All accommodations are usually arranged from Sunday evening before the course begins until Saturday morning after the course ends.
- If it is impossible to arrange an arrival and departure times in accordance with these days, extra nights can normally be arranged upon availability.
- Accommodation fees include 10% VAT. Please expect to pay a refundable deposit.

## Apartment

- One bedroom apartment No meals
- Shared apartment (private bedroom) No meals
- Studio apartment No meals.

## Host Family

- Private room breakfast
- Private room half board



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# 2026 Price List

MEXICO CITY, MEXICO

YOUR DEPOSIT IS 25% OF COURSE FEES AND 10% OF LODGING.

THE DEPOSIT IS DEDUCTED FROM YOUR TOTAL COST.

## COURSES

- GROUP COURSE 20 HOURS PER WEEK M-F **\$250**
- GROUP COURSE PLUS 2 HOURS PRIVATE SPANISH DAILY **\$630**
- GROUP COURSE PLUS TRAVEL SPANISH DAILY **\$630**

## ACCOMMODATIONS

SINGLE APARTMENT PRICE PER WEEK NO MEALS	<b>\$625</b>
PRIVATE BEDROOM SHARED APARTMENT NO MEALS PRICE PER WEEK	<b>\$525</b>
STUDIO APARTMENT PRICE PER WEEK NO MEALS	<b>\$570</b>
HOST FAMILY PRIVATE ROOM BREAKFAST	<b>\$335</b>
HOST FAMILY PRIVATE ROOM HALF BOARD	<b>\$380</b>

## FEES

AIRPORT PICKUP	<b>\$135</b>
TEXTBOOK	<b>\$60</b>

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